

# CHAMPIONS CAMP 2022

## TRAININGSPLAN/TRAINING SCHEDULE

MITTWOCH/WEDNESDAY 27.07.2022

★  
REGISTRATION 13.00-15.00h

**U12**  
15.00-16.15h  
**NOAH**

**U16**  
16.30-18.00h  
**CHRISTIAN**

**CHAMPIONS**  
18.30-20.00h  
**NOAH**

DONNERSTAG/THURSDAY 28.07.2022

★★  
**U12**  
08.30-09.45h  
**CHRISTIAN**

**U16**  
10.00-11.15h  
**NOAH**

**CHAMPIONS**  
11.30-13.00h  
**CHRISTIAN**

**U12**  
14.00-15.30h  
**NIKA**

**U16**  
16.00-17.30h  
**NIKA**

**CHAMPIONS**  
18.00-19.30h  
**NIKA**

FREITAG/FRIDAY 29.07.2022

★★★  
**U12**  
08.30-09.45h  
**NOAH**

**U16**  
10.00-11.15h  
**CHRISTIAN**

**CHAMPIONS**  
11.30-13.00h  
**NOAH**

**U12**  
13.30-15.00h  
**TIM**

**U16**  
15.30-17.00h  
**TIM**

**CHAMPIONS**  
17.30-19.00h  
**TIM**

SAMSTAG/SATURDAY 30.07.2022

★★★★  
**U12**  
08.30-09.45h  
**MIKA**

**U16**  
10.00-11.15h  
**JANA**

**CHAMPIONS**  
11.30-13.00h  
**MIKA**

**U12**  
13.30-15.00h  
**JANA**

**U16**  
15.30-17.00h  
**MIKA**

**CHAMPIONS**  
17.30-19.00h  
**JANA**

TEST MATCHES ALLE GRUPPEN

SONNTAG/SUNDAY 31.07.2022

★★★★★  
**U12**  
08.30-09.45h  
**CHRISTIAN**

**U16**  
10.00-11.15h  
**NOAH**

**CHAMPIONS**  
11.30-13.00h  
**CHRISTIAN**